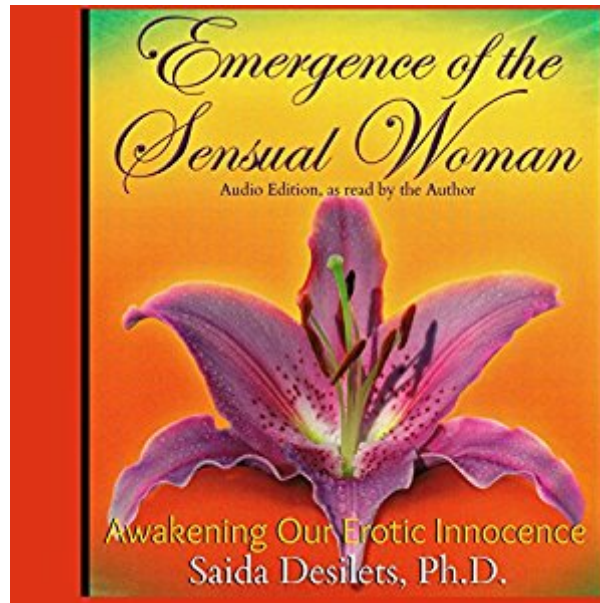


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# Emergence Of The Sensual Woman: Awakening Our Erotic Innocence



## Synopsis

Emergence of the Sensual Woman is an invitation to embody what it means to be an erotically alive and compassionate woman. Learn to live according to your inner voice and skillfully navigate through life's many challenges by accessing your innate feminine wisdom. Enjoy better relationships and more vitality and expand your orgasmic potential by cultivating your vital life force (sexual energy). Deepen your integrity and activate your power, enhance your life through more conscious choices, redefine orgasm to expand your sexual responses, experience the ancient techniques of Taoist qi gong, and cultivate your sexual energy with innovative Jade Egg practices.

## Book Information

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## Customer Reviews

Saida D'Osilets has created the work of a pioneeress. She has researched ancient wisdom about sensual and erotic intelligence thoroughly, experimented and practised and has become a living embodiment of her teachings. I believe Saida's insights and exercises should be on the curriculum for every woman and I am grateful she has written such a great manual for the modern woman who wants to know and use her full potential. My warmest recommendations. Kirsten Stendevad, Feminine Leadership Mentor at [kirsteninternational.com](http://kirsteninternational.com)

Here is a book written by a woman's woman. She is so beautiful in her championing of women...I see her work as a great gift to the Sisterhood. She keeps my belief in the power of women to mirror each others beauty and truly befriend each other fresh! Thank you Saida!

The Emergence of the Sensual Woman is a beautiful book. It is both an exploration of sensuality and a practical how-to book on increasing, and becoming more connected to, one's sensuality. I refer to this book often. I highly recommend it.

This book encourages us to reflect on what our external relationships are signaling to us about ourselves, to celebrate the people that come to us to show us who we are and guides us on how to shift to be do and have what we desire

I purchased this book shortly after Valentine's Day and read it in just a few days, although it is dense with rich and delicious information. I skipped the first part and went straight to the jade egg practice. It was fascinating but a little overwhelming, only because of the 60+ exercises and practices she details. And yes, I ordered a jade egg! The first half of the book discusses Saida's philosophy of transforming the world through one's own erotic connection to bliss. And I have to say I agree with her completely: After a few consecutive days of doing just the foundation breathing exercises, people were responding to me in a much more loving and open way. And telling me my skin was glowing! I'm looking forward to working with this practice forever!

Brilliant. Expands upon Mantak Chia books on Female Taoist Sexual Energy Practises. Adds Saida's own Philosophy that accompanies her Practises of Taoist Sexual Energy Cultivation - which she terms 'The Art of Succulent Living'. As a Man, this has given me great benefits & insights into topics such as Ch.3 - Power & Integrity; as your Sexual Power increases through the Practises you need to be Aware of your Integrity also, doing the Emotional practises at the same pace or more. Ch.4 - Conscious Living - great words there about entering various types of Relationships/Sexual Partner agreements in a Conscious way. 'Succulence in a Barren World' I found interesting as a Man as well, when you develop your Sexual Energy + Yin-energy also. Her explanations of the Practical Exc's for Women & Men (Foundation Practises apply to all) are very good & slightly different than in the Mantak Chia books, which helped me understand them & practise them more effectively. The Jade Egg explanations & Exc's are far more detailed & she adds in extra exc's she teaches. An excellent addition to Mantak Chia's Taoist Sexual Energy Teachings/Books (Saida was a major consultant to Mantak Chia & Dr. Rachel Carlton Abrams in the writing of 'The Multi-Orgasmic Women', Saida also is/was a Universal Tao Instructor).....also a great Stand Alone book for Women looking for a Practical Book to increase Succulence & Sexual Energy + Integrity, to increase/deepen your Feminine energy. A great book for Men also who have interest in

Taoist/Tantric Sex....& want to practise Dual-Cultivation w/a Woman.

I just finished reading this very informative book about the Jade Egg Practise. Though this may not be for everybody, as it goes quite deep I personally felt really ready for this and enjoyed trying out some of the techniques that Saida describes, and it's interesting to hear how different people use the Jade Eggs. The bit I enjoyed the most was the psychological guidance in the first few chapters, I would recommend this book to all my girlfriends as it's our birthright to experience succulence at some stage in our lives.with respectJade Eggs Global

Fabulous book for any woman. I just bought the kindle version so I always have it available to review. A must read for any woman wanting to improve the joy and radiance of life experience!

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